

FOOD, GLORIOUS, FOOD!

These tastemakers triumph. Our 24/7 Connections edition for Fall 2022 --The Food Issue -- placed our culinary aficionados and their contributions front and center. We relished the artistry of Martin Massiello's creations using the medium of pasta. As we learned, he is both a chef and a true Renaissance man.

Our cover story featured Bill and Pat Anton, entrepreneurs whose business transformed airport food concessions. Before that, they excelled in high-end restaurants. Their stories serving entertainers and celebrities are as delicious as their recipes.

Jennifer Kirby doesn't do anything halfway. In her 60s, her aquatic journey went from casual water-lover to competitive swimmer. Her easy-to-make healthy recipe, the breakfast of champions, is part of her and husband Joe's whole food, plant-based diet. They practice Alzheimer's prevention through nutrition.

When it comes to a grain- and gluten-free diet, Barbara Rogers wrote the book. It's a No Grainer Cookbook features 180 recipes for an "alternative culinary journey." Motivated by lifelong digestive issues, she now enjoys vibrant health. Her helper, husband Gary Geske, makes grocery runs while Barbara -- part cook, part scientist -- continues to experiment.

Alan and Bonnie Cashman walk the walk. Highly successful in banking, finance, and worksite voluntary benefits, their latest enterprise is the Cashman Lifestyle brand. Bonnie was diagnosed with skin cancer when a chance meeting with a nutrition expert changed everything. They are passionate about healthy diet, exercise, and abundant positivity.

Sue Rappaport's repertoire of baked goods is a presentation of masterpieces. Her edible works of art take shape as delectable desserts she loves to give away. With husband David Suss, a CPA who jests he retired to become her assistant, she layers in the best ingredient of life's sweetness: love.

Stephanie and Michael Landes are not only philanthropists but also enthusiastic keepers of treasured family recipes. Lahmajoon, a favorite from Stephanie's family, beautifully captures her Armenian heritage. At the Landes home, you'll find mouthwatering meals as well as the warmth of a close-knit family. Here's to sound nutrition and the pleasure of glorious food.



FRESH AIR AND THE JOY OF SPORT

Being outdoors feels like freedom. Whether on the court, down the fairway, in the pool or on the trail, our donors' outdoor sports are a healthy lifestyle. Our 24/7 Connections edition for Spring 2023 --The Outdoor Issue -- was a tribute to the benefits of exercise al fresco. Which promotes wellbeing as it connects us to the people and places we love.

Michael Landes, a highly skilled tennis player and formidable competitor, introduced the issue with his trademark love of life. He reminded us how our donors' passions lift their spirits and make them feel young. Our cover story highlighted a grand tennis adventure. It included The Laver Cup's excitement last September, where designated 24/7 members witnessed tennis' finest, and their own play at The Queen's Club. An all-around ace.

Kyle and Janelle Washington stay ahead of the curve. Whether at The Thermal Club or in their many exciting pursuits, they excel. From auto racing and tennis to business and philanthropy, the young, dynamic couple takes the lead wherever they go.

We read about Steve and Patti Fleming playing with heart. When they're not on the golf course, Patti is doing strength training and playing bocce ball, and Steve is running marathons. They defy the limits of aging.

The Vintage Club's big hitters were in full swing, enjoying the mix of social connections and sport. As Paula Hurd says, the social aspect of tennis is just as important as the exercise. The friendly play of pickleball and the vigorous challenge of tennis keep our donors connected and in shape.

With the starkly beautiful view overlooking the valley, Marlys Schuh and Amy Mosher take the trails to new heights in Palm Springs. They love both getting outside to exercise as well as enjoying the area's natural wonder. Marlys says she likes to wander and ponder.

Martin Massiello and Jeff Weyant, accomplished swimmers who love water, took a deep dive with us. Their restorative routines give them the buoyant momentum to keep going. They shared how swimming offers both a spiritual retreat and a deeper level of wellbeing. All of us are excited to get out in the fresh air and move.

